



Week 2: Keep In Step

In order to live the “Way of Jesus”, we need a framework to help us.

Discussion Questions

1. Do you see speed limits as rules to follow or suggestions to consider?
2. What are some rules you had growing up that you didn't like?
3. What are the things that distract you from following the way of Jesus?

Galatians 5:24–25 (NIV)

4. How does “crucifying the flesh” help us stay aligned to the way of Jesus?
5. What does it look like to “keep in step with the Spirit”?
6. Rahul described a “rule of life” as a plan for living. How can a rule of life help you keep in step with the Spirit?
7. Out of the five categories mentioned (relationship with God, personal life/health, relationships, church, work), which one do you feel you are least intentional about? Which one are you most intentional about?
8. What can you do this week to put more focus around developing a rule of life so you can experience Jesus fully?

What's Next?

*Continue praying: God, help me walk slowly enough to **experience Jesus fully** and to love people deeply.*

If you want to learn more about developing a “rule of life,” you can go here: <https://practicethewayarchives.org/practices/unhurry>.